OC6MF 947
PATRIARCH ATHENAGORAS
2400 RIDGE RD
BERKELEY CA 94709-1212

PROCESSED
JUL 17 2006
GTU LIBRARY

PERIODICAL POSTAGE PAID

The Orthodox Herald

Read in more than 6000 households

Celebrating our 45th year

Volume 46, No. 1 ISSUE 540 **MAY 1997** **35¢ Per Copy**

RECEIVED
MAY - 8 1997
LIBRARY, P.A.O.I.

GIVE US HOPE

The story about the Paralytic in John 5:1-15 which is read on the fourth Sunday of Pascha gives us hope! The man whom Jesus healed was desperately ill. He had lain paralyzed for thirty-eight years. His state was, humanly speaking, hopeless. Yet the Lord had not forgotten or abandoned him. Jesus found and healed him.

Adam, the father of all of us, was in an even more desperate situation. He had been banished from his home in Paradise. Trying to be independent of God, he had obtained death for himself, for his wife, and for all of his children – including us. He was in the dark depths of Hades.

But God did not forget Adam either. The Son of the Eternal Father, True God of True God, became a human being (without ceasing to be God at the same time). He came to earth in this way to find the Forefather, Adam. He could not find him upon the earth. So He descended into Hades itself to find him and bring him back to the Father's House!

In the Orthodox icon of the Resurrection, also called the Harrowing of Hades, we see Jesus Resurrected lifting Adam from the tomb with his hand. But note an important detail of this Icon: Adam is not holding Jesus' hand! On the contrary, it is Jesus Who holds on to Adam's hand! Adam was not able to lift his hands towards the Lord. He was lost, without hope – dead! But Jesus found him and raised him up!

We are all like our forefather, Adam. We are without hope – aside from God. Without His Love and Mercy we are all poor, naked and lost. We are dead. But Christ is risen, indeed! And He lifts all of us up from our sins, and from our attachment to the things which give no life. He seeks us continually. He calls us! By His Holy Spirit, He finds us – He always finds us!

If we are reading these words right now, it is because He has found us already. Let us receive Him. Let us stop running away from Him. Let us receive His gifts of pardon and reconciliation: with Him let us

(Continued on Page 3, Col. 1)

I'll call Mother tomorrow,
I've things to do today,
People to see, places to go–
Anyway, what is there to say?

Can't call Mother tomorrow,
God called Mother today.
Now I've regret and sorrow,
Mother – I had so much to say!

STARTING WORK

Each day of the week is dedicated to special events. For example, Sunday is dedicated to Christ's Resurrection, Monday to the angels, Tuesday to the prophets, Wednesday to the Cross, Thursday to the Holy Apostles and Hierarcha, Friday recalls the Crucifixion of Christ and Saturday all the saints and especially the Mother of God are remembered.

In Western Galicia it was considered unlucky to begin any new task on Friday. The best day for beginning new tasks, such as plowing, sowing and reaping was Saturday because this day was under the protection of the Mother of God.

Saturday belonged to her from the early days of the church. Tradition tells us that it dates back to the first Holy Saturday when grief-stricken and disheartened after the events of Holy Friday, the Apostles and other followers of Christ returned to His Mother Mary to seek comfort for themselves and to console her in her sorrow and travail. As soon as Christ was no longer available to them, the Apostles turned and clung to His Mother with their whole hearts.

Icons in the first centuries of the Church often painted the Mother of God at the entrance of the tomb where her Son lay buried. These icons became deeply etched in the consciousness of believers. Saturday became a day of special veneration to Mary, the Mother of God in order to commemorate her extreme desolation on the day following her Son's burial.

In the early centuries of the Church, those who found themselves in grave danger or distress took their troubles to her

(Continued on Page 3, Col. 1)

MEMORIAL DAYS

In May, we have the national holiday called Memorial Day. The Orthodox Church also has a memorial day in May this year. It is known as Radonitsa or Paschal Soul Day and is traditionally set to be observed on the Tuesday after St. Thomas Sunday. However, in the U.S., different parishes observe this Soul Day on various days. Some go to the cemeteries on St. Thomas Sunday, some on Memorial Day, and others on Pentecost.

Prayers are usually said at the Cross in the cemetery and then at the individual graves. Ironically, fewer and fewer people come to the cemetery on this day although more loved ones are buried there.

The reason why this custom is included on the Church Calendar is that the Church extends the gladness of the Resurrection of Christ to those who died in the hope of the general resurrection. In the Nicene Creed we say: "And I believe in the resurrection of the dead and the life in the world to come."

Customs vary in different places, but we will never forget the year we visited a huge cemetery in Kiev on Paschal Soul Day. Thousands of people visited the graves and spread out a luncheon near the gravestone of their loved ones. They shared their bounty with anyone who walked by. This is also true in Jackson, NJ, where the blessing of graves is a time of conviviality.

In other places, on Easter people take a colored blessed egg to the grave and share in the good tidings that "Christ is Risen from the dead, trampling down death by death, and upon them in the tombs He has bestowed life."

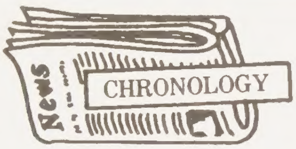
****

Seneca said: "A man's ability cannot possibly be of one sort and his soul of another. If his soul be well-ordered, serious and restrained, his ability also is sound and sober. Conversely, when the one degenerates, the other is contaminated."

****

When parts of life seem so pointless and unfair, read the Book of Habakkuk to understand how God works.

THE ORTHODOX HERALD
(USPS 600-140)
(ISSN 0744-1495)
Published monthly by
The Orthodox Herald, Inc.
Transjurisdictional Publication
Special non-profit rate
Entered as Periodical-Class Mail at
Hunlock Creek, PA 18621 and Mahanoy
City, PA 17948 an additional mailing office.
Founders and Editors: V. Rev. W. Basil
Stroyen, M.A., Ph.D., D.D. and Nina Bohush
Stroyen, R.N., D.D., D. Litt
Phone 717-256-7232
Annual Subscription $7.00 a year.
$10.00 for two years.
Packet Plan Rate on Request
Address all correspondence to:
P.O. Box 9
Hunlock Creek, PA 18621
Contributions are tax deductible
Published since 1952



MAY 1997

DIED: Matushka Anna Prislopsky, widow of Fr. Vladimir Prislopsky in Harrisburg, PA.
Pani Jeanette Moriak, wife of Fr. David Moriak in St. Clair, PA.

REMEMBER - St. Alexis of Wilkes-Barre, PA has been added to the Church Calendar for annual remembrance on May 7.

RUSSIAN GIFT OF LIFE has, since 1989, brought 270 children from Russia and other former Soviet Republics for heart surgery. Volunteers, there are no paid staff, take part in minute details to make the child and escort comfortable. $5,000 is needed to save the life of one child. The normal charge of an operation is $20,000-$60,000. Kudos to the small parish in Sea Cliff, NY for undertaking and persisting at this project. Help them do good. Contact them at: Russian Gift of Life, Inc., PO Box 403, Sea Cliff, NY 11579.

BYZANTINE CHANT IN ENGLISH recorded in Sydney, Australia is available for $17 compact discs or $12 cassette from St. Demetrios Bookstore, 2100 Boyer Ave., East, Seattle, WA 98112. The recording of the St. John Chrysostom Liturgy includes some of the silent prayers of the priest.

RUSSIAN PROVERBS – Don't hang all you own on one nail.

SEVERAL CELEBRATIONS are planned to honor the memory of St. Innocent. A service with all bishops of the Standing Conference of Bishops will be held at St. Tikhon's Monastery in So. Canaan, PA on August 26, the date of St. Innocents' 200th birthday. The Memorial Day pilgrimage at the same place and the annual Education Day in October at St. Vladimir's Seminary will be dedicated to his memory.

THE ORTHODOX CHRISTIAN MISSION CENTER in St. Augustine, FL has announced that $93,000 was collected in the Agape Canister Project. This has enabled them to offer financial support to 16 projects in 13 countries. Eight more projects have been added in 1997. To get involved, call the Agape Canister Coordinator at (904) 829-5132.

LOOKING FORWARD TO MAKING A TOUR THIS YEAR? These tours are for less than $2400.
July 11-22 Monasteries and Churches of Russia. Led by Archbishop Herman. Contact FOS Travel 1-800-367-3450.
August 3-11 Pilgrimage to Alaska. Led by Fr. Timothy Sawchak. Contact FOS Travel 1-800-367-3450.
September 4-16th Carpathian Heritage Tour in former Austro-Hungarian Empire Area. Led by Fr. W. Basil Stroyen. Contact (717) 256-7232.
October 6-17 Pilgrimage to Egypt and Greece. Led by Fr. Daniel Ressetar. Contact (717) 652-1825.

THE MONKS OF ST. GREGORY PALAMAS MONASTERY, PO Box 206, Hayesville, OH 44838 raise their own food and make religious items to sustain themselves. One feature of their monastery which is different is their use of computers for record keeping, word processing and especially in their work of translating ancient and contemporary patristic material from Greek into English.

ECUMENICAL PATRIARCH BARTHOLOMEW will visit the U.S. from Oct. 20 to Nov. 9, 1997.

THE WORLD COUNCIL OF CHURCHES, which was originally formed in 1948 to better serve the cause of Christian unity, is going through a crisis. A recent editorial in enimerosos (Update) stated that the "WCC has lost the purpose and the uniqueness of its existence, which is promoting Christian unity... Other agencies, like commissions for theological dialogue among the various churches, various local agencies and conferences are better equipped to do the work which was once assigned to the WCC."

A PAPAL VISIT IS OPPOSED by Orthodox leaders in countries of the former Soviet Union. They stated that a possible papal visit in 1997 was not advisable because of tense relations with the Catholic Church. People in these countries are showing enthusiasm for a growing variety of religious and other groups to which access was previously restricted. Metropolitan Kirill said: "We also oppose proselytism and efforts to seize human souls. Such efforts cast a shadow over all of Christianity."

THE COUNTRY CHURCH IN RUSSIA is a nonprofit organization that preserves country churches. Preservation, not restoration, is aimed at halting the deterioration of country churches in ghost Russian villages. For info contact CRA, PO Box 1596, Burlingame, CA 94011 or call (415) 358-8139 or CRA, PO Box 818, Nyack, NY 10960 or call (914) 358-7117.

A RUSSIAN SYMPOSIUM was held in Dallas, TX at the First Baptist Church to coordinate the monitoring and evaluation of Eurasia evangelism and increase ... intermission cooperation and prayer. Speakers were from the Baptist/Evangelical missions in the USA, Russia and Ukraine. No Orthodox was present to clarify or answer questions about the position of the Orthodox Church.

AN ORTHODOX CHURCH in Baltimore, MD - St. Michael's Ukrainian was severely damaged in an arson fire. A flammable liquid had been poured on the Holy Altar. The FBI is investigating as it followed the presidential order that all arson attacks on churches should be investigated by them. This followed the rash of attacks on mostly black-led churches.

PACKAGES OF LOVE called Carepacks were put together by 6,000 volunteers in two weeks to send to Moscow for orphans. The packages contained school supplies and basics, such as toothpaste and toothbrushes. In Moscow, workers added a 90-day supply of vitamins, a children's Bible storybook, a gospel bracelet, a Gospel of St. John and a copy of More than a Carpenter. More than 70,000 Carepacks were assembled by evangelicals.

•Gives Us Hope

start our lives all over again and follow Him.

He is truly risen and we are risen with Him. No one needs to remain in the tomb. He gives life to all who hear His voice and respond to Him.

Illuminated by this Light of Resurrection, let us apply it to all of our lives. Let's begin by forgiving everyone we have something against. Let us forgive ourselves, too, for all our imperfections, for all the ways in which we have disappointed ourselves.

Energized by the Life which comes from the empty tomb, let us act lovingly and caringly towards each other in the Church and let us carry this loving and caring out into the world. The Risen Christ lives in us. He has come to save us and through us, to bring His Light and His Life to all the world for He has not forgotten it. He loves it and saves it.

Fr. Dr. Ihor G. Kutash
Montreal, Canada

•Starting Work

and put themselves under her protection. The prayer Pod Tvoyou Milost (Under Your Protection) became established somewhere in the third or fourth century and was soon one of the most loved and universal Orthodox prayers to the Mother of God.

HYSSOP

"Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow." Ps 51:7.

In the Bible, the word *ezov* refers to the plant hyssop. It was tied into bunches and used to sprinkle blood on the doorposts and lintels at the time of the Exodus and when a house was cleansed against leprosy (Leviticus 14:4). Moses used hyssop to sprinkle the people, making it part of the worship, when he sacrificed a heifer during the time in the wilderness (Num. 19:6). Because of its association with ritual cleaning, the hyssop plant was thought to possess powers of spiritual purification (Ps 51:7ff). In Hebrews (9:19) hyssop is used for symbolic cleaning and the stunted plants that grow on walls (I Kg 4:33).

Actually, the plant is a handsome perennial of the mint family. Two different native varieties exist, one in Europe and the other in Asia. The European variety does not grow in Israel or the Sinai. The Asian hyssop has slender stems 2-3 feet tall, bears narrow leaves, and spikes of flowers which may be white, blue, or pink. Each has hairy branches which hold a volatile oil. Hyssop tastes like peppermint, which is hot at first, then yields a cooling, refreshing feeling. The Arabs use the bitter leaves in tea or for flavoring of baked food.

In John's Gospel (19:29), the centurion Longinus offered a sponge full of vinegar (sour wine) on a hyssop reed to give to Jesus when he was on the Cross. Later writers suggest using hyssop in the wine to alleviate suffering. Because John's Gospel was written 50-70 years after the Crucifixion and the other Gospels do not mention the "I thirst" incident, some scholars feel that documenting hyssop as the reed might be an attempt to merge the pious, thinking that plant has special healing qualities with the passion story. Although translated hyssop reed, the Greek word in the Gospel actually means lance or pike and could apply to anything.

We are all familiar with the verse from Psalm 51:7 "Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow." What does this mean? Metaphorically, we are asking to be sprinkled with hyssop so that we could get God's forgiveness. The whole plant is very aromatic and in the old days it was used as a strewing herb.

Larry R. Sherman, PhD

****

Dear Mom and Dad,

You gave me a great gift when I was growing up, and I now want to offer it to my own children. Religion, someone once said, is not taught, it's caught. In hindsight, I know that's true.

I now have the same struggle with my children as you had with me about going to church and church school. I was about to hoist the surrender flag when I remembered how you never faltered and insisted upon taking me.

I didn't like it, but I'm glad now that you did. When things have gone rough for me, my faith has always been there for me. It hasn't always given me the answers I wanted, but I have found that in the long run they have been the right ones.

Love,

****

When wolves enter into the fold, the shepherd lays aside the flute and takes up his sling.

St. John Chrysostom

•Kitchen Corner

water, add bourbon (optional). Add to vegetables. Stir lightly with wooden spoon, being careful not to mash. Taste and adjust seasoning. Add meat to mixture, cover and refrigerate overnight for flavors to blend.

Roll out dough 1/4 inch thick. Cut into 4 inch rounds. Place filling on one side of each and fold over the other half, seal edges with fork. You may need to moisten ends with water. Arrange on baking pan. Bake in 375° oven for 20-25 minutes or until very light brown. Brush tops with glaze and bake a few minutes more.

MOTHER'S DAY

There is an old tale of the time when in a pleasant mood, the gods called all the workers of the world to Mt. Olympus to bestow a crown of merit to the greatest worker of all workers who gathered in response to the invitation. The artist came with his paintings; the poet with his verses; the sculptor with his models of stone; the tiller of the soil with fruits and vegetables; and the artisan with samples of the works of his hands.

"Why are you here, madam, with nothing in your hands?" thundered the gods.

"I am here just to look on," she said. "I want to see who receives the crown, these are my children."

"Give her the crown," said the judge. She is the greatest who trained and inspired them all.

What mothers are, more than what they say, determines the character of the home. A mother's influence goes on through life like that of a guardian angel. Many a person can trace their steady upward course in life to the influence and example of a godly mother. The world sees a person of honor and position, never noticing the modest mother hidden in the shadow of their fame, who is content that her child is honored. A wife may do much for her husband but all she can do is to slightly modify that which a fond mother has been years in building and training. For the hand that rocks the cradle truly rules the world.

Pray for your mother!

MISSION FUND

Heralds are sent to people in prison, military, VA hospitals and colleges and places other than Alaska to tell about the Orthodox Church and the traditions of our people. Helping are: Anita Poll, Lois Bedder, Dolores Golock, Marie Derkasch, Samuel Rusinyak, Jr., Elizabeth Caccia, Catherine DeMeo, William Veschuroff, Joseph Horoschak.

WEEKLY MEDITATIONS

May 4 - Sunday of St. Thomas - Ante-Pascha. Acts 5:12-20; John 20:19-31.

O Lord, Jesus, Son of God, after Your Resurrection, You appeared to Your fear-stricken disciples behind closed doors and granted them peace. You cast away their fear by breathing the Holy Spirit upon them. You gave them the power to forgive and retain sins. Be with us, O Lord. Allow us to touch Your life-giving side, when we approach Your Holy Altar to receive Your sacred Body and Blood. We beseech Your loving-kindness, hear our prayer and have mercy on us.

May 11 - Myrrhbearing Women - 3rd Sunday of Pascha. Acts 6:1-7; Mark 15:43-16:8.

The stone sealing Your life-giving Tomb was too heavy for the women who came to anoint Your Body to roll away. Instead, an angel was found sitting on the stone telling them of the joyful message of the Resurrection. O our Saviour, send workers into the field to proclaim Your Resurrection to all the ends of the earth. Fill us with the courage to be Your faithful disciples obeying Your commandments all the days of our lives. O Risen Lord, listen to the fervent petition of Your servants, and have mercy on us.

May 18 - The Paralytic - 4th Sunday of Pascha. Acts 9:32-42; John 5:1-15.

O Fountain of Healing, ever-flowing river of mercy. You healed the paralytic with Your Word, and made him whole. So also, O Lord, be present with us today, and heal all those suffering from bodily and spiritual infirmities. Touch them with Your life-giving Hand and raise them up, so that they may glorify Your loving kindness. Bless all scientists, researchers, doctors, nurses, and all others who care for the sick and suffering. O Lord, our Stronghold, incline Your ear to our supplication, and have mercy on us.

May 21 - Mid-Pentecost. Wednesday of the 4th week of Pascha. 1 John 1:1-7; John 19:25-27; 21:24-25.

In the middle of this glorious feast, O Jesus, Creator and Lord of all, we recommit our lives to You. We proclaim Your Resurrection as the center and foundation of our faith. Increase our love and devotion for Your commandments. Purify and illumine our souls. Pour forth Your loving kindness into those who seek You with their whole heart. O Source of Life, hear our prayer offered to You with love, and have mercy on us.

May 25 - Samaritan Woman. 5th Sunday of Pascha. Acts 11:19-26, 29-30. John 4:5-42.

O Lord, Jesus Christ our Savior. You know our innermost thoughts and nothing is hidden from You. We worship You in spirit and in truth as the Only-begotten Son of God Whom the prophets proclaimed and our forefathers taught us to love with all our hearts. You are a Fountain of Living Water, wherein if we drink of it, we will never thirst again and receive forgiveness of our sins. Lift Your eyes toward us, and change our lives completely, so that we have no dealing with sin. O Risen Lord, Listen to our prayer which comes from the bottom of our hearts and souls, and have mercy on us.

Raymond Mastroberte

NEED BOTH

Good and bad, despair and hope, joy and suffering always exist side by side in this world. Jesus didn't avoid pain and suffering; he embraced His cross as fully part of God's will. We create sadness and frustrations for ourselves by expecting, if not demanding, Easter without Holy Friday, success without effort, better lives for ourselves without having to die to our old lives.

The Easter and Holy Friday experiences are intimately bound together. We never live real life successfully until we can accept the ups and downs of life as having equal validity and purpose. Once we accept pain as well as pleasure as part of normal living, we are significantly less immobilized by hardships, or demoralized by reversals of fortune.

Another Resurrection lesson: good is more powerful than evil and life is stronger than death. Easter does not discount Holy Friday, but it certainly outshines it, proving that there is no affliction, no setback, no misfortune we face that cannot serve as stepping stones for something wonderful. We need never languish in despair for whatever we endure – there is always the Resurrection to give us hope.

You have risen, O Lord; help me to understand that I can rise with you.

****

If a care is too small to be turned into a prayer, it is too small to be made into a burden.

Dabs of Thoughts

Frederica Matthewes-Green wrote the following which states the differences she had to face when she accepted the Orthodox faith. Her husband had been a Protestant minister for 15 years. "The Protestant pastor's wife role had felt more sympatico to me: strumming guitar songs about Jesus' love for us, teaching Bible studies about Jesus' acceptance of us, counseling women to trust Jesus' care for us. Somehow everything was about us.

Whatever we did, Jesus was up there in the balcony, looking on with a smile. But in our present church (Orthodox), the painting of Jesus in front of the altar shows Him with an open Bible and a serious expression. Everything is about Him. I have to think about my sins there, and what the cross means."

If any one thing characterizes our times, it is the lack of what were once perceived as clear, timeless ethical and social guidelines. The free-floating and pervasive rootlessness of our culture, the lack of a solid core of values, is, unfortunately, a sign of the times.

Even Christians are divided on some issues. Some issues are so exceptionally charged that they resemble an ideological minefield.

There's no doubt that this is a culture that no longer looks to their Church or Christianity for an answer. At one time, when people had a question, they went to their pastor. That's no longer true. Now it's either a psychiatrist, school teacher, or social worker.

St. Seraphim of Sarov said: "Acquire the spirit of peace and a thousand souls will be saved around you."

The right hand is preeminent in the Orthodox Church. Note that your priest holds the censor in his right hand, blesses the congregation with his right hand, and gives communion with his right hand.

Never get so busy making a living that you forget to make a life.

Our parishes are divided into two main groups: Those who use the Church in any way it can serve them, and those who serve the Church in any way it can use them.

Some people never succeed because they are afraid of doing more than their share.



EDITORS' NOTES

It is hard to believe that we are beginning our 46th year of publication. As I sit typing this, overlooking the newly-budding locust tree outside my window, I think back over the many places in which copies were prepared. We started in Rahway, NJ, moved to a farmhouse which overlooked Cayuga Lake in New York State, then to the flat lands and cornfields of Illinois, followed by a stint in Mayfield and St. Tikhons Seminary in Pennsylvania. From there we went to Syracuse, NY, and then to the oil and cowboy country in Wichita Falls, Texas, followed by a home overlooking Pearl Harbor in Hawaii to the beautiful city of San Antonio, Texas, on to Weisbaden, Germany, back to San Antonio and St. Tikhon's. In between and for shorter periods of time there were 12 more "temporary" places where the portable Smith-Corona was pulled out and the Herald suitcase opened. In all this time, with the usual deaths, illnesses and joys and sadnesses The Orthodox Herald was always out on time.

What has motivated us? The desire to fulfill our obligation to building God's Kingdom wishing to keep all in the fold and for our own spiritual progress and salvation. This is our evangelical work. We try to make the contents of the paper interesting and informative to the new convert as well as the 90-year-old who still prefer the Slavonic language and old Traditions.

We are looking forward to renewing old acquaintances at St. Tikhon's Monastery on May 26. We meet at the entrance arch following the Divine Liturgy. It will be good to share memories of our Carpathian Heritage Trips with those who have made the trips with us. I am asked why I bring so much food to the otpust. I follow the tradition set by my parents, who always brought enough food to share with their acquaintances and anyone who wandered by. What a wonderful way to meet people! They always parked at a certain spot and set down the luncheon foods for everyone to enjoy. This was the highlight of their year.

Where have Sundays gone? Slowly, the world is taking over. It was bad enough when sports were scheduled for Sunday afternoon. At one time there was a sense of the "Holy Hour." Now sports are scheduled, even on Sunday morning. We were surprised to be invited to a college commencement that was scheduled for a Sunday morning. And one of my Sunday School students told me that she would not be there the following week because she had a game scheduled in Junior High. We see a very grave danger when a public educational institution overlooks this important aspect of life and begins scheduling its events on Sunday morning itself. What is the point of introducing the much vaunted Value Education?

Our sewing material project will be concluded in June. We have been sending your donations of threads, needles, material, etc. to two women's monasteries in the Muchachevo area. The nuns have expressed great appreciation. We are looking forward to seeing them again on September 4-16, when we make the 6th Carpathian Heritage Tour to Sanok, Poland; Kosice, Slovakia; and Uzhorod, Ukraine regions. The cost is under $2,000. This year we plan a few days in either Prague or Budapest. Write to us or call (see phone number and address on second page). We still have a few places.

May the promise of eternal life which was given you at the Resurrection promise of Christ give you eternal hope for your future.

The Stroyens

PRESS FUND

We are starting our 46th year of monthly publishing. We have been helped by many during these years. This is why we could continue publishing. We are not subsidized by anyone. The love gifts and encouraging words have prodded us to keep on. Spasebo za Mnoho. Thank you for much.

Mary Ann Carmack, Dolores Golock, Anotole and Kathryn Portnoff, Helen Trafan, Andrew and Dorothy Fedetz, Nikolas Gvosdev, Kathy Kolarsky, Jeannette Germain, Mary Kuhar, Joseph Horoschak, Anita Poll, Mary Marus, Albert and Olga Gessner, Rebecca Gleba, Mary Reichenbach, Catherine DeMeo, Matushka Josephine Felenchak, Anonymous - a New Orthodox, William C. Veschuroff. Anastasia Wimmer in memory of her sister Olg Fusiak, who died on March 3. Helen Cudlic in memory of parents Anna and Basil Fedora. In memory of Mary S. Perbetsky.



HONOR DEPARTED VETERANS

As the years go by, there are fewer and fewer living veterans. There are also fewer people living who remember the war years and the deprivations of World War II. Few even remember what Gold Star mothers were. This may be history to many, but they are enjoying the privilege of living in a free country because of the sacrifices which were made.

On May 26 we will observe Memorial Day. This tradition was started by Southern ladies who felt that the graves of the Confederate dead should not be neglected. As they decorated the graves, it just seemed natural and proper to also tend the graves of Northern soldiers who were buried in the vicinity.

From this simple act of humanity, the practice soon was formalized into a national holiday. During the month of May, graves of veterans are visited by veterans' groups and decorated with Old Glory. Living veterans and those who remember recognize and honor those who have gone on before them. Many will attend parades and memorial services in their hometowns. Others will decorate the graves of their loved ones. All will pray to God that He be merciful to veterans.

WINTER'S GRACE

In Job 3:25 we read: "The thing which I greatly feared is come upon me, and that which I was afraid of is come unto me."

This thought conditioner states a very serious warning. If over a long period of time a person habitually fears something, there is a tendency for that fear to become a reality.

For example, if you fear that you are going to fail, and you constantly entertain thoughts of failure, you will create a mental condition that is propitious to failure. Creative, positive, success factors are repelled by your mind because your mind is filled with thoughts of defeat.

On the contrary, if you hold the faith thought, the positive thought, you will create about yourself an atmosphere propitious to success, health, and well-being.



The year we visited the Kiev cemetery on Radonitsa or Paschal Soul Day, we shared in the luncheon of some friends of our guide. The meat filled turnovers reminded me of the Pastees which are popular in this part of Pennsylvania, where the Welsh miners introduced them. They made a lunch. These Russian Pastees piroshke were taken to the workers in the fields in the olden days.

Vegetable and Meat Peroshke

PASTRY

4 cups flour	1/2 cup ice water
1 tsp. salt	1 egg, beaten with a little water for glaze
1/2 lb. butter	
1/2 lb. vegetable shortening	

Combine flour and salt, cut in pieces of chilled butter and shortening. Should look like coarse meal. Add just enough water to form a ball. Knead together lightly. Flatten out on piece of plastic wrap. Cover and refrigerate at least 4 hours or overnight. Roll out 1/4 inch thick and cut into 4 inch rounds.

FILLING

1 medium turnip	2 tsp. salt
2 carrots	2 tsp. black pepper
2 large potatoes	2 beef bouillon cubes
2 cups water	1 lb. lean pork or beef, coarsely ground
2 onions	
2 Tbls. oil	2 tsp. bourbon (optional)

Peel and dice vegetables except onions. Add to 2 cups water, bring to boil and simmer for 5 minutes. Drain, reserving liquid. Saute onions in oil until golden. Combine with vegetables. Add salt and pepper. Dissolve bouillon cubes in 1/2 cup cooking

(Continued on Page 75, Col. 3)

THE ORTHODOX HERALD
P.O. Box 9
Hunlock Cr., PA 18621
Subscription: $7.00 a year or
$10.00 for 2 years.

$..................for..................year(s)

Name..................

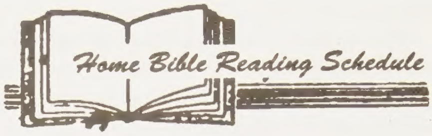
Address..................

City..................

State..................Zip..................

You may obtain THE ORTHODOX HERALD by subscribing to it or by obtaining a copy at your church which obtains them in bulk through the Packet Plan.

When sending in a change of address, please be sure to include the address label from a copy or the code numbers which are printed above your name.



MAY 1997

1. Acts 2:38-43
2. Acts 3:1-8
3. Acts 3:11-16
4. **Acts 5:12-20**
5. Acts 3:19-26
6. Acts 12:1-11
7. Acts 4:13-22
8. 1 Peter 5:6-14
9. Acts 5:30-6:2
10. Acts 5:21-33
11. **Acts 6:1-7**
12. Acts 6:8-7:5; 47-60
13. Acts 8:5-17
14. Acts 8:18-25
15. Acts 8:26-39
16. Acts 8:40-9:19
17. Acts 9:19-31
18. **Acts 9:32-42**
19. Acts 10:1-16
20. Acts 10:21-33
21. I John 1:1-7
22. Acts 10:34-43
23. Acts 10:44-11:10
24. Heb 7:26-8:2
25. **Acts 11:19-26, 29-30**
26. Acts 12:12-17
27. Acts 12:25-13:12
28. Acts 13:13-24
29. Acts 14:20-27
30. Acts 15:5-34
31. Acts 15:35-41

Mother's Day - 11th
Memorial Day - 26th

BIBLE STUDY

From Easter through Pentecost, the Church reads almost daily from the Acts of the Apostles. This unusual book of the Bible provides us with an account of the beginnings of the Christian Church. It accomplishes this mostly by describing the missionary activities of two great apostles: Peter and Paul.

The Book of Acts, as it is sometimes called, narrates the action of the Holy Spirit in the formation of the early church. The Holy Spirit, acting through certain of Christ's followers, is seen as a strong and guiding influence; for it is the Holy Spirit that leads them and prays and preaches through them.

The Acts of the Apostles shows the apostles traveling to every part of the then known world. The scope of their travel is of great significance, for it shows how seriously they took the mission Christ had entrusted to them: "But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

Reading the book, we find that it is full of examples of disciples who were arrested, thrown into prison, forced into hard labor and killed for preaching in His Name. There are even accounts of miraculous escapes from jails and from shipwreck.

This came as no surprise to Christ's followers, for He had warned them that they would suffer persecution on account of their devotion to Him. (Remember the Beatitudes?) The following instance involving St. Paul is typical: "And they listened to him until this word, and then they raised their voices and said, 'Away with such a fellow from the earth, for he is not fit to live!' Then, as they cried out and tore off their clothes and threw dust into the air."

While most of us don't receive this type of treatment, there are hardships we endure because we are serious and dedicated Christians.

"Jesus, as you endured death for our sakes, may we cheerfully bear hardship in Your Name. Difficulties are part of Christian living. Without them we run the risk of standing for nothing. Help us to stand firm in our beliefs no matter what the cost."

ORTHODOX CASSETTE PROJECT

We underestimated the interest and need for cassettes with Church music sung in the Slavonic language by the best Orthodox Choirs in the world. Besides the music, each cassette has a reading for the week and either a Bible study or a sermon on the reading. The cassettes have been ordered and are being enjoyed by the housebound, those who live a great distance from the church, by religious education classes, for coffee hour and those who yearn for the music they sang in the choir. Send a present to one of them.

We have made the cassettes as inexpensive as possible. We charge $5 for a cassette which contains 2 Sundays. Many are ordering tapes for the whole year. The whole set is $130 for 27 cassettes of 54 programs, no other charges.

If you are ordering by the month, those for May are Cassette No. 8 - John 20:19-31 and John 5:1-15. Most of the numbers on these cassettes have Christos Voskrese and Angel Vopeyasche sung by various world reknowned choirs and in various compositions. Cassette No. 9 - John 4:5-42 and John 9:1-38. Pascha songs continue. Again sung by various choirs like the First Belgrade Choir and one of the most loved recordings on side 2 features the sweet voices of the nuns of Gethsemane in the Holy Land.

ALASKA FUND

The reason that this fund is so necessary is that many of the Orthodox parishes are in very small villages. A priest visits only occasionally. Service Prayers are led by a member of the congregation. The Orthodox Herald helps inform about Orthodoxy. Helping are: Dolores Golock, Fr. Basil Stoyka, Anita Poll, Marie Derkasch, Catherine DeMeo, William Veschuroff, Joseph Horoschak.